



Attachment Parenting

For parents with children aged 0-5 years

Attachment is the deep connection established between a child and caregiver that profoundly affects the child's development, ability to express emotions, and develop relationships. In this program, we will work together to build a loving, safe, and enjoyable relationship with your children.

Learn about:

- Important information, skills, and support for mothers with babies and young children
- Healthy child development
- Building connection with your child

Co-Facilitators:

Fari H. Nejad, M.A. Clinical Counselling
Nazila Safari, Settlement Worker

For more information and to register contact:

Nazila Safari, nazilas@nsms.ca or 604-988-2931

This program is government funded and free of charge.



NORTH SHORE
MULTICULTURAL
SOCIETY

Highlights

- Information, skills and support for mother with babies and young children
- Take-home resources given at each session

This workshop will be presented in Farsi.

This workshop is open Farsi-speaking mothers with children 0-5 years.

Location & Date

Online via Zoom
Details provided upon registration

Fridays
November 13, 20, 27
December 4, 11
10:00am – 11:30am

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