

For more information, please visit us at www.nsms.ca/workshops or call us at 604-988-2931. REGISTRATION IS REQUIRED FOR ALL WORKSHOPS

Topic	Date/Time/Place	Language	Contact
Settlement			
Newcomer Information Sessions This session will help you understand and connect to services on the North Shore and in Canada.	Every other Friday 1:30pm - 4:00pm May 3, May 17 NSMS	Farsi	Front Desk, office@nsms.ca
Parenting Teens Support Group In this monthly session, you will learn about different topics relating to parenting teenage children, including communication, social media, safety, bullying and more.	Thursdays May 23, June 13 9:30am - 11:30am North Vancouver City Library	Mandarin	Ting Ting Reuveny, tingr@nsms.ca
Senior's Learning Circle The focus of this special program is to provide English speaking and listening skills to immigrant seniors aged 65+.	Tuesdays, Thursdays, Fridays April 9 - May 31 1:00pm - 3:00pm NSMS	English	Front Desk, office@nsms.ca
Pathways to Permanent Residency for Foreign Workers Join this workshop to learn about the requirements and how to apply for Permanent Resident status in Canada.	Wednesday, May 1 6:00pm - 8:00pm NSMS	English	Masha Rademakers, mashar@nsms.ca
Let's Learn Together Come and learn together with your children about community resources that can support families and children through parent workshops and parent/child activities (songs, games, and free play).	Fridays (8 sessions) May 3 - June 21 9:30am - 11:30 John Braithwaite Community Centre	Farsi, Mandarin	Sara Tabatabaee, sarat@nsms.ca Ting Ting Reuveny, tingr@nsms.ca
Pathways to Permanent Residency for International Students Join this workshop to learn about the requirements and how to apply for Permanent Resident status in Canada.	Thursday, May 16 5:00pm - 7:00pm NSMS	English	Masha Rademakers, mashar@nsms.ca
BC Medical Services Plan (MSP) This workshop provides information about MSP, Fair Pharmacare, Regular Premium Assistance, BC Healthy Kids programs and more.	Thursday, May 16 1:00pm - 3:00pm NSMS	Farsi	Front Desk, office@nsms.ca
BC Family Benefits This workshop provides information about BC Family Benefits for families with children under 18 years of age.	Tuesday, May 21 1:00pm - 3:00pm NSMS	Farsi	Front Desk, office@nsms.ca
Community Connections			
English Conversation Club In this weekly conversation circle, come and practice your English in a casual environment with an instructor and volunteers from our community.	Wednesdays (6 sessions) April 24 - May 29 9:30am - 11:30am North Vancouver City Library	English	Front Desk, office@nsms.ca
Employment			
Career Paths for Skilled Immigrants This program helps newcomers build on their pre-arrival skills and qualifications to prepare to enter their occupational field. Includes workshops, networking & mentoring opportunities, and site tours.	Ongoing Contact us for more information	English	Monika Ladosz, monikal@nsms.ca Amir Hariri, amirh@nsms.ca
Self Employment for Newcomers This program offers the opportunity to become an entrepreneur and small business owner to immigrants and all newcomers in the Greater Vancouver area.	Contact us for upcoming start dates and orientation sessions.	English	Dan Hathway, 604-908-6297 Salima Vaiya, salimav@nsms.ca
Career Focus for Professional Immigrant Women This program provides specialized support for professional immigrant women to return to work in their field, learn about different employment options, create effective job search tools, and more.	Ongoing Contact us for more information and upcoming workshops.	English	Celia Brookfield, celiab@nsms.ca
Workplace Culture and Language Training This program provides specialized language training for the workplace. Topics include effective communication, office culture, job interviews, conflict resolution, teamwork, and more.	Intermediate Level Mondays and Thursdays (5 sessions) April 29 - May 13 6:00pm - 8:00pm North Vancouver City Library	English	Masha Rademakers, mashar@nsms.ca
Finding Your First Professional Job in Canada This workshop is for International Students and Work Permit Holders who want to learn more about finding a professional job in Canada.	Mondays and Thursdays (3 sessions) May 6 - 13 6:00pm - 8:00pm West Vancouver Memorial Library	English	Masha Rademakers, mashar@nsms.ca
Newcomers Employment Information Session In this workshop, you will learn about the different Employment Services available at North Shore Multicultural Society, including one to one counseling on employment and education, Work BC services, mentoring and employment workshops, and more.	Tuesday, May 14 4:00pm - 6:00pm NSMS	Farsi	Front Desk, office@nsms.ca
Employment Mentoring: Engineers If you were an Engineer in your first country, or are interested in working in this field, come to this mentoring session to meet a Canadian professional in your field, and learn how you can work in this field.	Wednesday, May 15 4:00pm - 6:00pm NSMS	English	Homa Soltani, homas@nsms.ca
School District Information			
SD44: Elementary and Secondary Summer School In workshop, parents will learn about different summer school programs and how to register for them.	Wednesday, May 1 6:30pm - 8:00pm North Vancouver School District Office	Farsi	Khatereh Masoudi, khaterehm@nsms.ca Maryam Nani, maryamn@nsms.ca
SD45: Transition to High School In workshop, parents with children going from grade 7 to grade 8 will learn about important topics for children starting high school.	Tuesday, May 28 1:00pm - 2:30pm Hollyburn Elementary School	Farsi	Niloufar Farahani, niloufarf@nsms.ca